



Trace Malinowski

International Training Director, PSAI ITD-7

355 Phillips Road, Clifton Twp, Pennsylvania 18424

Phone: 570-335-6340 • E-mail: Trace.Malinowski@psai.com

Website: www.scubacoachtrace.com

Summary

- International Training Director for all open-circuit sport, tech, cave, freediving and technician programs offered by the Professional Scuba Association International (PSAI) an ISO 9001 certified training agency
- 34 years diving with 100+ scuba and aquatics safety certifications
- Awards for 7,500+ lifetime dives and 1000+ cave dives
- 26 years teaching scuba in 9 countries having trained 625+ students
- Developed 20+ diver certification programs for two training agencies
- Board of directors for 6 organizations
- Co-Founder and president of the East Coast Freediver Club
- Expert travel guide for the St. Lawrence Seaway, Florida and Bahamian Cave Diving, the Florida Keys, Cayman Islands, and Southern California

Teach the following PSAI Programs at the Professional (Instructor, IT, ITE) and Diver Levels:

- Cave Survey
- Multiple Stage Cave Diving
- Multiple DPV Cave Diving
- Stage
- DPV
- Cave
- Apprentice Cave Diver
- Intro to Cave
- Cavern
- Advanced Wreck Penetration
- Technical Emergency Analysis & Management
- Advanced Gas Blender
- Exploration Trimix Level III – 100m/330ft
- Advanced Trimix Level II – 75m/250ft
- Trimix Fundamentals Level I – 60m/200ft
- Extended Range Nitrox – 55m/180ft
- Advanced Nitrox – 45m/150ft
- Nitrox – 30m/100ft
- Twinset/Doubles
- ABC™ (Intro to Tech)
- PSAI Freediving Level III – 30m/100ft+
- PSAI Freediving Level II – 20m/60ft
- PSAI Freediving Level I – 10m/30ft
- All Sport Levels and Specialties

Additional Certifications

- GUE Tech 1 and GUE Tech 2 Diver
- NSS-CDS Cave Recovery Diver
- PADI Underwater Habitat Specialist
- SDI Solo Diver
- PDIC Dive Medic Technician
- YMCA Lifeguard Instructor
- ASHI CPR, First Aid, AED, O2 Instructor
- PDIC, TDI, SDI, YMCA Instructor

Experience

Commercial SCUBA Diver • July 2015 - Present

Kyle Conti Construction, Hillsborough, NJ

- Installation and removal of portable coffer dams utilizing Portadam™ steel supports, fabric membranes, 40 lb. and 2000 lb. sand bags, de-watering systems, hand tools, power tools, barges, and effective signals to communicate with divers, crew, and crane operators
- Carnegie Lake dam project in Princeton, NJ and Deal Lake bridge project in Asbury Park, NJ

International Training Director • January 2011 - Present

Professional Scuba Association International, Sand Point, MI

- Appointed by the PSAI board of directors in January 2011 to the specific region of PSAI Americas including North America, Central America and South America
- Conducted several Instructor Qualification Courses (IQC's), Instructor Trainer Workshops (ITW's), and instructor

- crossovers of top industry leaders increasing PSAI's presence and reputation in the Americas and Europe
- Promoted PSAI throughout assigned region and provided input regarding progress, problems, and important issues that affected the region
- Co-authored *PSAI Advanced Buoyancy Control, Trim & Technique* and developed the majority of the ABC™ program
- Authored *PSAI Freediving: A Guide for Breath-Hold Divers* and developed a three level apnea program based upon US Navy and Divers Alert Network safety guidelines

SCUBA Diving Instructor • February 2010 – Present

Self-employed DBA ScubaCoachTrace.com, Clifton Twp, PA

- Sport, technical and cave diving instructor trainer evaluator/international training director
- Primarily conduct technical and cave diver training with occasional public safety or sport level courses

Technical Training Director • October 2007 – January 2011

Professional Diving Instructors Corporation, Scranton, PA

- Technical Training Director appointed by PDIC board of directors
- Represented PDIC while serving on the RSTC (Recreational Scuba Training Council) board of directors creating ANSI industry standards for safe diver training
- Represented PDIC while serving on WRSTC (World Recreational Scuba Training Council) board of directors to create minimum ISO certification standards for diver safety and education
- Developed over 20 technical and cave diving programs
- Developed PDIC's apnea/freediving program which was the first freediving program approved by the RSTC
- Developed PDIC's Solo Diving program which included the first technical solo diving and solo cave diving distinctive specialties in the industry
- Recruited world-renowned tech and cave instructor trainer examiners and sponsors into PDIC's board of directors.

Professional Affiliations

- Board of Directors, PSAI, International Training Director, 2011 - Present
- Board of Directors, PDIC, Technical Training Director, 2007 - 2011
- Board of Directors, WRSTC, 2007 - 2011
- Board of Directors, RSTC, 2007 - 2011
- Board of Directors, Hydronautics - Diving for Science & Adventure Inc., Technical Director, 2001 - 2003
- Administrator, Agnes Milowka Project, 2012 - Present
- Professional Member, United States Lifesaving Association, 2003 - Present
- Site Operations Manager/Recovery Diver, International Underwater Cave Rescue & Recovery, 2007 - Present

Awards

- SSI Platinum Pro5000 Diver Award for 7,500+ lifetime dives
- Abe Davis Safe Cave Diving Award (International Endorsement) for 100 non-training cave dives in 5 countries
- Hal Watts Elite Cave Diving Award for 1,000 cave dives in 35 different systems
- PADI Aquanaut recognition for 24+ continuous hours on the sea floor during JUL Mission #4109
- First Place Winner, 2007 Northeast Regional Ultimate Diver Challenge

Publications

- *Advanced Buoyancy Control, Trim, & Technique*, PSAI, 2011
- *Freediving: A Guide for Breath-Hold Divers*, PSAI, 2015

Television and Film

- *Ghost Town Divers*, Series Regular, Big Table Media
- *Pennsylvania Outdoor Life*, Self, WNEP-TV
- Gimme A Hug, Featured, Protect the Sharks Foundation

Education

Marywood University, B.A., *magna cum laude*, English, 1993
(Minors: Philosophy & Religious Studies)